

## AFTERCARE - MUSCLE RELAXANT

This procedure involves injecting small doses of Botulinum Toxin into the appropriate muscles to achieve partial to complete relaxation of that muscle. Muscle relaxant for cosmetic purposes has been used for more than twenty years.

Please take note of the following post care instructions for this procedure:

- Intermittently exercise the treated muscles for the next 4 hours to disperse the product.
- Do not perform any physical exercise for 24 hours
- Do not drink alcohol for 24 hours.
- Do not perform any facial scrubs for the next 24 hours.

NOTE: Muscle relaxant can take up to two full weeks to take effect. Your injector will contact you within this time period to review the treatment.

### Expected Side Effects

- Redness or swelling at injection site
- Bruising
- Skin tightness
- Headaches (temporary)

For symptoms other than these please contact your Injector as soon as possible.

Complications from this procedure can include facial drooping, nausea and that the expected result or longevity of the product is not achieved.

If the results are not to your satisfaction this will require a follow up appointment at no further cost.

If more muscle relaxant is needed to achieve a better result however, this will incur the cost for the extra muscle relaxant.

If you have any concerns, please do not hesitate to contact your injector with the number provided below, even if your concern is after hours. Your injector is the most qualified clinician to assist your needs.