

AFTERCARE - MAXIMUS TRIPLIO

If you have any questions or concerns before, after or during the course of your treatments please let us know. We are here to support you in your journey with us.

We recommend drinking 2-3 litres of water post treatment and throughout your treatment course to aid in the natural detoxification process of your triglycerides.

Although you do not need to exercise post treatment a brief 20-30-minute walk will be beneficial to your overall results.

To achieve the best results during the course of your treatment program we recommend this is done in conjunction with a healthy lifestyle.

Possible side effects of the treatment include: local pain, excessive skin redness (erythema), excessive swelling (edema), damage to the natural skin texture (crust, blister, and burn), excessive tingling sensation, fragile skin and bruising. Although these effects are rare and expected to be temporary, any adverse reaction should be reported immediately.