

## AFTERCARE - HERBAL AKTIV PEEL

The Herbal Aktiv Peel treatment is a medically developed skin regeneration using pure natural plant ingredients. It has shown a high level of safety, except in the instance of unusually reactive skins (ie. If you can use only Sorbolene on your skin). No lasting side effects have been reported in over 50 years. If the peeling mask comes in contact with the eyes it doesn't cause any burning and can be washed out with water.

The peeling takes place in three stages -

- (a) The Herbal Aktiv Peel herbs are massaged into the area to be peeled for 10 minutes. In case of impure skin, extractions will be performed prior to the Herbal Aktiv Peel treatment.
- (b) At the end of the treatment you will receive three home care products and an instruction sheet that will explain your home care procedures. You must follow the instructions carefully.
- (c) During the "Post Treatment" the old skin will peel off with a mask.

Most clients experience some discomfort during the initial massage with Herbal Aktiv Peel herbs. You can ask your therapist to ease off on the massage but keep in mind that a stronger massage will result in a stronger peel. At the end of the massage your therapist will apply moistened gauze to the treatment area. This immediately cools and comforts the treated skin.

After the treatment your skin will be flushed, and you will have a feeling similar to pins and needles and slight sunburn. Your skin professional will book you an appointment for "Post Treatment" five days later. Over the next two to three days the top layer of your skin will gradually become drier, and will eventually start to peel.

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Your actions will contribute greatly to the success of this treatment.

- (a) You must follow instructions carefully;
- (b) Do not allow the treated area to come into contact with water. If it does accidentally get wet please immediately dab dry with a towel (do not rub). To avoid getting the treated area wet during the peeling process we recommend that you wash your hair prior to your peeling procedure;
- (c) You must only use the products we give you, no makeup except lip stick
- (d) You must not pick or remove the peeling skin. This will result in damage to the sensitive new layer of skin underneath;
- (e) After the "Post Treatment", apply a sun block prior to exposure to the sun, and limit the time of exposure to sun, wind and weather;
- (f) Your skin will be at its best four weeks after the initial Herbal Aktiv Peel treatment. At this point you can have a further treatment if you desire. There is no limit to the number of peels you can have.

NB. There are a few skin conditions where the Herbal Aktiv Peel treatment is not appropriate. Your therapist will ask some questions to ensure that you will get the best possible results with complete peace of mind.